

School of Rock | JULY



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
			Movement 3 7pm-9pm		Movement 3 7pm-9pm	
7	8	9	10	11	12	13
						Lead Climbing Part 1 9:00am-12:00pm
14	15	16	17	18	19	20
			Movement 4 7pm-9pm		Movement 4 7pm-9pm	Lead Climbing Part 2 9:00am-12:00pm
21	22	23	24	25	26	27
28	29	30	31			



KEY MOVEMENT TECHNICAL SKILLS TRAINING OUTDOOR SKILLS